

KEYNOTE SPEAKERS

STATE LEVEL

Jason Morini...Misericordia University

Jason is currently in his 5th season as the Head Coach for the Men and Women. During his first campaign, his athletes broke 17 school records. In 2008, the women's team finished 2nd in the MAC. The men's team has broken 17 of the 19 events under his tutelage.

G. Michael Gobrecht...West Shore YMCA and Trinity High School

Mike has been coaching at the WSY since 1989. Currently, the team has 180 competitive swimmers and 75 pre-team members. The team is "coach run and parent supported". Under Mike's tutelage, the WSY has won six state championships, placed in the top five at Nationals four times, and was girls' National Champion in 2008. Further, he has coached six National Champions and six National Record Holders. In addition, Mike has coached the Trinity High School team for the past ten seasons. The girls' team has placed in the top-5 at States. Mike is also currently serving as Middle Atlantic swimming Senior Swimming Chairperson.

Greg Fastrich...Hershey Aquatic Club and Hershey High School

Greg has been coaching in Hershey since 1997. He is the Head Coach of both the Hershey Aquatic Club and Hershey High School. H.A.C is run by a Board of Directors comprising of current parent members. The Club competes at the local league level as well as USA Swimming Regional and National level. He produced over-12 Nationally ranked age group swimmers, 3 National Champions, and 1 Olympic Qualifier. Greg also serves as the Middle Atlantic Coaches' Representative. On the High School level, Greg has coached 3 boys and 2 girls PIAA-AA State Championship teams and has a combined 11 District 3AA Team Titles. He has coached 16 State Champions and 114 NISCA All Americans.

Questions should be directed to:

Tim O'Connor - ocnntim3@yahoo.com
Jim Burkman - svcoachb@verizon.net
Bill Kennedy - bk1swim@comcast.net
Bill Sterner - bsterner@embarqmail.com



AGENDA

THURSDAY:

8:30-9:20 AM PHSSCA MEETING
PHSSCA Meeting is for high school coaches to talk, discuss and vote on issues which involve us and our organization. New Officers need to be elected.

9:30-10:30 AM Jason Morini, Head Coach Misericordia University
TOPIC – stroke drills for breaststroke and butterfly

10:40 AM-12:00 PM JACK BAUERLE
TOPIC – Weekly Training Cycles & Energy Systems

12:00-1:30 PM LUNCH (on your own)

1:30-2:50 PM JACK BAUERLE
TOPIC – Freestyle & Dryland Training

3:00-4:00 PM G. Michael Gobrecht, Head Coach, West Shore YMCA and Trinity High School
TOPIC - Coaching an age group program that feeds multiple high school teams, and working with various high school coaches

7:00-11:00 PM COACHES' SOCIAL

FRIDAY:

9:00-10:20 AM JACK BAUERLE
TOPIC – Georgia Swimming – Anything Goes...
A question/answer session

10:30 AM-12:00 PM Greg Fastrich, Head Coach, Hershey Aquatic Club and Hershey High School
TOPIC – "A Forum – Building and sustaining a high level age group program, and how that affects a championship level High School Team".

**Specific times may change to accommodate speakers' needs, and PHSSCA meeting and Social.

Registration Form

NOTE - all clinic attendees must be a paid member of the Pennsylvania High School Swimming Coaches' Association.

___ PHSSCA MEMBERSHIP - \$15.00
renewal occurs at STATE MEET

___ CLINIC REGISTRATION - \$50.00
if postmarked by April 1, 2009

___ CLINIC REGISTRATION - \$75.00
if paid after April 1, 2009

___ CLINIC (staff rate) - \$40.00/each additional coach
if postmarked by April 1, 2009

___ CLINIC (staff rate) - \$65.00/each additional coach
if paid after April 1, 2009

___ COLLEGE COACHES ATTEND FREE

Name: _____

Address: _____

Phone: _____

Email Address: _____

MAKE CHECKS PAYABLE TO:
"Pennsylvania High School Swim Coaches Association"

Please Mail Checks To:
Bill Sterner
C/O PHSSCA
1918 Beck Mill Road
Hanover, PA 17331
bsterner@embarqmail.com

Hotel Reservations:
Ramada Inn & Conference Center
1450 South Atherton Street
State College, PA 16801
Phone: 814.238.3001
Fax: 814.867.1527
www.ramadasc.com

Mention that you are part of the PHSSCA Clinic to receive the room rate of \$67.00 per night.



KEYNOTE SPEAKER

JACK BAUERLE



*****stats as of 2007-2008 season*****

- University of Georgia's womens' Head Coach (29 yrs)
 - 6 SEC Championships
 - SEC Coach of the Year 11 times
 - 4 National Championships
 - 4 National Runners-Up
 - 52 NCAA Champions
 - 35 Individual, 17 Relay
 - 12 top-5 finishes
 - 17 top-10 individual finishes
 - 117 All-American Swimmers
 - 521 First Team
 - 291 Honorable Mention
 - 105 SEC Champions
 - 74 Individual, 31 Relay
 - National Coach of the Year 5 times
 - 12 Olympians
- University of Georgia mens' Head Coach (25 yrs)
 - SEC Coach of the Year 2 times
 - 5 NCAA Individual Champions
 - 6 top-10 individual finishes
 - 13 top-15 individual finishes
 - 67 All-Americans Swimmers
 - 88 First Team
 - 282 Honorable Mention
 - 39 SEC Individual Champions
 - 12 Olympians
- Most dual meet victories in SEC history
 - More than 400 dual meet victories
- Head Coach for Team USA in 2008 Olympics
- Native of Glenside, PA
- Married to Francis Ruth Fowler
- Two sons; John Randall, Jr., and Stuart Magill

PHSSCA

<http://www.phssca.org>

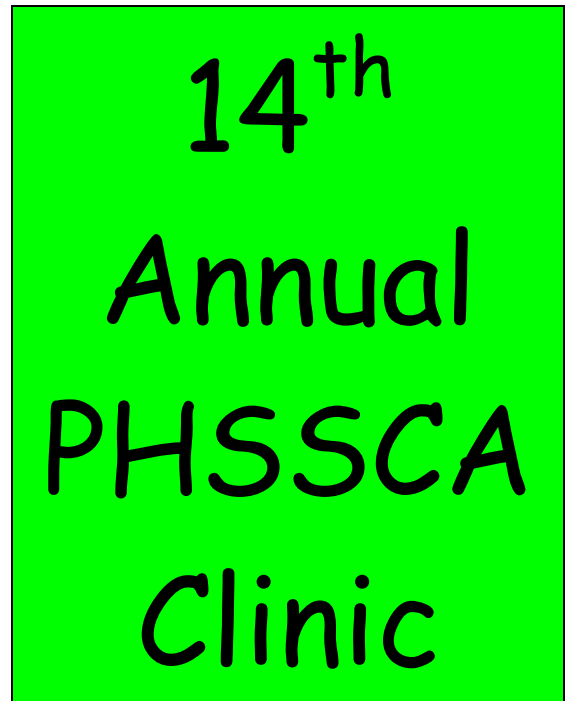


It is the mission of the Pennsylvania High School Swimming Coaches Association to provide for its members and others an opportunity to learn to better themselves as coaches and thus the programs of which they are involved.

Through a venture of shared knowledge and ideas, we want to see all of our high school athletes prosper and continue with record setting and personal best performances.

This clinic is a terrific opportunity for all of us to help enhance our own individual programs, as well as Pennsylvania Swimming as a whole.

All you have to do is take 2 days from your schedule (most schools will recognize this as a worthwhile conference), attend the sessions, share thoughts and ideas, have fun and take home a wealth of knowledge that will assist you with your coaching efforts.



May 7th and 8th, 2009

Ramada Inn & Conference Center

**1450 South Atherton Street
State College, PA 16801**

