>Camp Costs

STROKE CAMP / WORKOUT CAMP RATES:

Resident	.\$315.00
Second Child in Family	.\$290.00
Team of 8 or more	.\$290.00
*Commuter	.\$250.00

^{*}Lunch & Dinner provided, NO HOUSING

This fee includes the camper's housing, meals, a camp T-shirt, camp book, and DVD. Please make checks payable to **Edinboro University**. Credit cards are accepted.

For more information, please contact the Edinboro Swim Office at 814-732-1828

Fee	\$
Less deposit	\$75.00
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>Parent / Guardian Authorization

My child had a recent physical examination and is physically able to participate in all camp activities. I relieve the directors and Edinboro University of Pennsylvania of any responsibility should any accidents occur. I understand this swimming camp is strenuous and physical activity and serious injury may result in camp participation.

Parent / Guardian Signature

> General Information

- 1. Campers assigned according to preference on application
- 2. Enrollment will be limited each week to Stroke-42, Workout -30.
- 3. Group discount will be given to teams that send 8 or more individuals.
- 4. Activities include, but not limited to movies, basketball, soccer, and kickball.
- 5. A camp picture will be available for purchase at registration.

> Natatorium Features

- This outstanding facility holds six 7-foot lanes in a 75' x 42' area with 40' x 40' attached diving well.
- Four underwater windows for videotaping strokes, starts, and turns.
- Colorado Electronic Timing System with 7 foot touchpads
- Three Power Racks
- Relay Start Judging Platforms
- Kiefer "non-turbulence" lane lines and the pool is guttered for fast times

> Location

Edinboro University is located 15 miles south of Erie, PA and conveniently located two miles off Interstate 79 (North and South)

> Residence Halls

Campers will be house in brand new suite style facilities with air conditioning located near the pool.

EDINBORO SWIMMING CAMPS 2017



WORKOUT CAMP

JUNE 18-22, 2017 JUNE 25-29, 2017

STROKE CAMP

JUNE 18-22, 2017 JUNE 25-29, 2017

Edinboro University
Edinboro, PA
Www.gofightingscots.com

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>Camp Staff

Chris Rhodes is currently in his sixteenth year as head men's and women's swim coach at Edinboro University. Rhodes swam at Oil City H.S. and Edinboro University achieving All-State and All-American status. In 2007, he was named PSAC Women's Coach of the Year. He has coached a three time national runner-up, Olympic



Trial qualifier, and numerous All-PSAC performers.

Staci Schrecongost is the current Assistant Swim Coach at Richmond University. As former Fighting Scot, Staci was a 2 time All-American, 3time PSAC champion, and currently holds 5 school records.

Max Niggel, former Edinboro University swimmer and current Assistant Swim Coach at Gannon University, will be returning for a sixth year. While at Edinboro, he was a school record holder and 2009 PSAC Freshman of the Year.

Tony Romanini, former Edinboro University swimmer and will return for his third year. As a former Fighting Scot, Tony was a 3 time PSAC champion and 5 time school record holder

"During camp, our goal as coaches is to improve your child's technique to the best of our ability and their ability and to provide them with new information about swimming."

All campers will be under 24 hour supervision by camp counselors, which include current Edinboro swim team members, trained in basic lifeguarding and first aid.

All camp staff have current clearances.

> Workout Camp (12 and up)

This camp is designed to provide two high quality workouts per day in addition to instruction in all areas of competitive swimming including, but not limited to: starts, turns, stroke technique, dry land training, diet, and attitude. Each swimmer will have the opportunity to have their strokes videotaped and analyzed. Anyone who has participated in a moderate to heavy yardage program is eligible to attend.

> Stroke Technique Camp (All Ages)

This camp is designed to provide each camper with an enjoyable camp experience and to learn more about swimming. Our knowledgeable and experienced staff will instruct campers in all areas of competitive swimming including, but not limited to: starts, turns, stroke technique, strength training, diet, and attitude. There will be two water workouts a day plus classroom time. Each swimmer will have the opportunity to have their strokes videotaped and analyzed. Anyone ages 9-18 years with competitive swimming experience in a USS club, school team, summer club, YMCA, or any organized swim team is eligible.

Camp Application

To confirm and reserve a place in camp, send this application and \$75.00 (a non-refundable deposit made out to Edinboro University) to:

Chris Rhodes, Head Swim Coach 455 Scotland Rd., Edinboro PA 16444

City	_State	<i>Zip</i>		
Email				
Iome Phone				_
Cell Phone				
lgeSex_				
Grade (Fall 2017)				
Coach				_
Team(s)				_
"-Shirt size (circle)	adult	youth		
(circle)	S	M	L	XL
loommate				
Please circle:				
troke Camp:	June 18-22		June 25– 29	
Vorkout Camp:	June 18-22		June 25– 29	
mergency Contact				
Phone				

Parent Signature

Name_