

KEYNOTE SPEAKER



**Mike
Bottom**

University of
Michigan

Mike Bottom recently concluded his first year as the head coach for the U-M men's and women's swimming and diving programs after serving the last four (2008-12) as the head coach for the men's swimming and diving team. In five years at Michigan, Bottom has reinvigorated two programs with a rich history of success. With the men's team, Bottom has won four Big Ten Championships (2009, 2011-13) and an NCAA Championship (2103) while being named the 2013 CSCAA Swimming Coach of the Year. Bottom has improved the women's team by nearly every measure of success. Recognized as one of the finest swimming coaches in the world, Bottom has maintained the tradition of excellence in the pool at Michigan, guiding the U-M men's team to its 12th NCAA Championship and third-consecutive Big Ten Championship in 2013. He took the men's team to new heights in 2013, instituting a culture of fast swimming from the season's start to its end, while implementing new initiatives to help draw fan awareness to the sport during the regular season. Among those initiatives was the first-ever Michigan Water Carnival in October of 2012 and a 20-yard meet with Eastern Michigan in January 2013. Bottom brings a wealth of collegiate and international coaching experience to the pool at Michigan. He has coached at each of the last five Olympic Games, including 2012 and 2008 where he served as the head coach for Serbia, and spent 17 years in collegiate coaching. Bottom has been with The Race Club in Tavernier, Fla., since 2003 and has served as head coach of the World Team, its elite level training group. Among his most notable protégés is 10-time Olympic medalist and International Swimming Hall of Famer, Gary Hall Jr
http://www.mgoblue.com/sports/w-swim/mtt/mike_bottom_815982.html

Questions should be directed to:

Presiden, Brian Palme – bpalme@udsd.org
1st VP – Rich Janosky – RJanosky@doversd.org
2nd VP – J.R. Jensen – jrjensen@fairview.iu5.org
Sec./Treasurer, Bill Sterner - bsterner@embarqmail.com



AGENDA

FRIDAY:

Continental Breakfast Included

8:30–9:50 AM PHSSCA MEETING

Meeting for PHSSCA Members
Elections
Hall of Fame
Old and new business

10:00-11:10 AM MIKE BOTTOM

TOPIC – What are we doing here?
Philosophy on coaching and
motivation

11:20 AM-12:00 PM TIM MURPHY

TOPIC –

12:00 PM-1:30 PM LUNCH (on your own)

1:30 PM-2:25 PM MIKE BOTTOM

TOPIC – Technique Tips - Michigan style

2:35 PM-3:30 PM TIM MURPHY

TOPIC –

7:00-10:00 PM COACHES' ROUND TABLE

SATURDAY:

9:00 AM-9:55 AM MIKE BOTTOM

TOPIC – Training Tips - Seasonal training
components

10:05 AM-11:00 AM TIM MURPHY

TOPIC –

**Specific times may change to accommodate speakers' needs, and
PHSSCA meeting and Social.

ACT 48 CREDITS!!!

Registration Form

NOTE - all clinic attendees must be a paid member of the Pennsylvania High School Swimming Coaches' Association.

___ PHSSCA MEMBERSHIP - \$15.00

renewal occurs at STATE MEET

___ CLINIC REGISTRATION - \$50.00

if postmarked by April 1, 2014

___ CLINIC REGISTRATION - \$75.00

if paid after April 1, 2014

___ CLINIC (staff rate) - \$40.00/each additional coach

if postmarked by April 1, 2014

___ CLINIC (staff rate) - \$65.00/each additional coach

if paid after April 1, 2014

___ COLLEGE COACHES ATTEND FREE

Name: _____

Address: _____

Phone: _____

Email Address: _____

School: _____

MAKE CHECKS PAYABLE TO:

"Pennsylvania High School Swim Coaches Association"

Please Mail Checks To:

Bill Sterner
C/O PHSSCA
1918 Beck Mill Road
Hanover, PA 17331
bsterner@embarqmail.com

Hotel Reservations:

Ramada Inn & Conference Center

1450 South Atherton Street

State College, PA 16801

Phone: 814.238.3001

Fax: 814.867.1527

www.ramadasc.com

*Mention that you are part of the PHSSCA Clinic
to receive the reduced room rate per night.*

**KEYNOTE
SPEAKER**



**Tim
Murphy**

Penn State
University

Tim Murphy was selected as the head coach of the Nittany Lion men's and women's swimming and diving programs on August 12, 2013. Murphy, who comes to Penn State after spending the last 15 seasons as Harvard's men's head coach, is the seventh coach in men's history and the fifth coach for the women's program.

During his time with the Crimson, Murphy compiled a 122-11 dual meet record and captured six Eastern Intercollegiate Swimming League titles. He posted seven undefeated dual meet seasons and brought three Top 20 recruiting classes to Cambridge, Mass. during his final three seasons. His 2012-13 recruits were ranked as the nation's No. 10 recruiting class by CollegeSwimming.com.

Murphy was appointed as the head Olympic coach for the men's open water team at the 2012 Olympic Games and serves on the OIOC committee for USA Swimming. He has placed athletes on Olympic, World University, Pan-Pacific and Pan-American teams, including Meyer, who was named the 2011 Fran Crippen Memorial Male Open Water Swimmer of the Year by USA Swimming.

Murphy, who served as an assistant men's coach at the 2009 World University Games in Belgrade, Serbia, also worked as an assistant at the 2001 World University Games in Beijing and at the 1993 World Short Course Championships. He was also a member of the Open Water Staff at the 1998 World Championships in Australia.

http://www.gopsusports.com/sports/m-swim/mtt/tim_murphy_859078.html

PHSSCA



It is the mission of the Pennsylvania High School Swimming Coaches Association to provide for its members and others an opportunity to learn to better themselves as coaches and thus the programs of which they are involved.

Through a venture of shared knowledge and ideas, we want to see all of our high school athletes prosper and continue with record setting and personal best performances.

This clinic is a terrific opportunity for all of us to help enhance our own individual programs, as well as Pennsylvania Swimming as a whole.

All you have to do is take 2 days from your schedule (most schools will recognize this as a worthwhile conference), attend the sessions, share thoughts and ideas, have fun and take home a wealth of knowledge that will assist you with your coaching efforts.

Take the opportunity to become a better coach!

**19th
Annual
PHSSCA
Conference**

**May 2nd and 3rd, 2014
Friday & Saturday**

**Ramada Inn &
Conference Center
1450 South Atherton Street
State College, PA 16801**

